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"Eye" don't have to wear glasses!

By John Grones
Publisher

It took me long enough, but I finally did it! I dumped by contacts and glasses in the garbage and had Lasik surgery at Crosby Eye Care Clinic.

To be honest, I have always been a bit conservative and was content with waiting for others to try this first. Recently, I talked to a couple friends that had it done and they had no regrets. One of my friends had it done 10 years ago and was still very pleased.

It was after a visit to see my younger brother that I finally decided to look into this further. My brother has been pleased with the results too. For me, the contact lens solution had finally come to an end. They were fine for years, but more recently, they were becoming more and more uncomfortable. I tried every possible lens and finally asked my doctor, Steven Kinzer, what the alternatives were.

His suggestion was Lasik surgery and I was ready.

It has been a couple months since the surgery and I must say, the results are amazing and they were immediate... I could see better the day of the surgery and I had no discomfort at any point.

The hassles of glasses are already a distant memory and putzing around with contact lenses is long gone!

To be honest, I have had poor eyesight since I was in sixth grade.

I can still see those first pair of black-rimmed glasses I was SUPPOSED to wear... that's right, I hid them in my desk and never really wore them. In fact, I didn't wear my glasses in school all the way through high school.

I never saw a chalk board... good thing I was a good listener. It wasn't until trying to hit a baseball in high school that I realized I should give contact lenses a try.

Looking back to my childhood, it is interesting to note that I recall praying that I would wake up the next morning and be able to see clearly again. Well, as we all know, answers to prayer often take time.

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My prayer was answered on Monday, May 21 2011, thanks to the efforts of Dr. Stacy Sjoberg and Dr. Jerome Poland.

The procedure takes just a few minutes and voila! It was also comforting to note that Crosby Eye Care Clinic surgeons have performed over 40,000 LASIK procedures over the last thirteen years with remarkable results.

According to Dr. Poland, Lasik surgery has improved since he started doing procedures "We learn to do things better all the time with experience" said Dr. Poland. "The algorithms, the way the laser is programmed, and the way the beam works has evolved. Nothing earth-shaking... just evolutionary, not revolutionary."

Dr. Poland added, "One of the nice things about our laser... we are the only ones to use it. There are not 30 other people using it. It variability." Poland noted that the laser can be very finicky. "They can get out of tune very easily. What we do is recalibrate after every three of four surgeries," added Poland.

One thing is for sure, the Lasik surgery process is quite simple and within minutes the process is completed. The professional staff keeps patients at ease. I went into have the surgery at 11:00 a.m. and was on my way home shortly after noon.

I took a nap on the way home, woke up and was able to watch television for the first time without glasses. The only hassle—putting in lots of eye drops after the surgery—a hassle that in no way compares to what I went through with glasses and contact lenses all those years.

In conclusion, I want to thank my friends and brother Joe for encouraging me to give Lasik a try. The bottom line... I have no regrets and would encourage others to do so as well.

If you think you are a candidate, talk to your eye doctor. The best art—hassling with glasses and contacts will be a distant memory!

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